



Hobbies and Childhood Interests



A Look Into Your Past Can Offer a Glimpse of What You Should Do With Your Future. — Anita Brooks

How would you answer these questions?

“I work better with....”

I do not work well in environments such as....”

zenithzone.com

Write Answers in Each Box

My Primary and Secondary Personality as Determined by Zenith Zone Assessment

Five Things I'm Good at Doing...

My Relational/Spiritual Gifts

Five Things I Like to Do...

Five Things I Hate to Do...

My Core Values

My Relational/Spiritual Weaknesses

Five Things I'm Weak at Doing...

My Favorite Current Hobbies

My Favorite Childhood Pastimes

To Make the Most Out of Your Job-Fits Assessment, Zenith Zone Consulting Recommends the Following:

- For further information, insights, or to clarify any portion of this product, email anita@anitabrooks.com or mike@zenithzone.com.
- Write down a goal date to complete this assessment and send to Zenith Zone Consulting for your personalized analysis. Meet the goal.
- Take the Zenith Zone, LLC Personality Assessment, scan and submit results for professional examination by a Zenith Zone Certified Personality Trainer.
- Don't rush the process. The outcome of this product could benefit you the rest of your life.
- Read each of the questions, and mull them over for at least twenty-four to forty-eight hours before answering.
- Spend time in solitude and quiet when writing your answers down.
- Once you have emailed your finished assessment to Zenith Zone Consulting, please be patient so we can provide you with the highest quality analysis possible. Final results provided in an average of 1-3 weeks.
-

Tips to Help You Answer Our Questions:

- **Your primary/secondary personality mix** — Requires assessment by Zenith Zone, LLC Certified Personality Trainer in order to understand comprehensive results.
- **Five things you're good at doing** — If you struggle to answer, think about things others have complimented you for, or ask people who know you well. It's common for us to find negatives in ourselves easier than positives.
- **My relational/spiritual gifts** — Are you a natural encourager? Do you have a knack for seeing facts and detail others miss? Is compassion a strong-suit? Do you lead others, even when you try not to be the leader?
- **Five things I like to do** — What gets you out of bed in the morning because you want to, not because you have to? What gives you energy, when moments before you felt like nodding off? What makes you feel good about yourself?
- **Five things I hate to do** — What makes you groan when asked to help? What makes you mad about doing?
- **What are your core values?** — This is your internal navigation system, guiding your daily choices and opinions. They underpin your life, the unspoken rules and regulations, terms and conditions, by which you agree to live your life. And they help you answer the question, *Who am I?* Look for what triggers a very strong emotion in you (anger, love, hate, jealousy, fear), there will probably be a link to a core value wrapped inside — at your core.

Examples of core values: Authentic, freedom, justice, accurate, truth, social, acceptable, equality, respect, dignity, empathy, support, choice, privacy, family time, self-control, honesty, integrity, patience, liked by people.

The following questions should help you decide.

- Those who pass the homeless and hungry without trying to help should be arrested.
- It's okay to go to bed without brushing your teeth.
- An eye for an eye. A tooth for a tooth.
- Eye contact must be made at all times.
- Money doesn't buy happiness.
- Why vote? All politicians are liars.
- It's survival of the fittest.
- All religions cause wars.
- Pro-choice *is* pro-life.
- I may tell you what you want to hear, but I'll do what *I* want to do.
- **My relational/spiritual weaknesses** — Do you struggle to listen well? Is it difficult to imagine yourself in someone else's skin? Do you think people should just pick themselves up by the bootstraps and quit whining? Are you challenged by making many decisions?
- **Five things I'm weak at doing** — It's not that you can't do these things, but they don't come easily, and you feel insecure or not at ease when pressured to do them.
- **My favorite current hobbies** — What do you enjoy doing, or wish you could find more time to do in your life?
- **My favorite childhood pastimes** — Find that quiet place, close your eyes, and let your memory and imagination collide. When you were a child, what did you love? What did you rush home from school, breathless with anticipation for? What did you spend weekends and summer days doing? What would you have worked like a dog to earn?